



Northstar Summer Swim Camp



Come and swim at one of the most beautiful outdoor locations in CNY, Lake Shore Yacht and Country Club. CNS Varsity Swimming Coaches Paul Gill and Brad Ranieri will be running their annual Summer Swim Team at the country club's outdoor pool. Major emphasis will be placed on stroke technique, and conditioning. A great place for varsity swimmers to prepare for the season as well as new swimmers to develop basic skills. Swim outdoors, work on your tan, and refine your stroke. All this combined with a beautiful setting!

Practice schedule & Fees

When: Monday - Thursday, July 6 – August 14
Time: Monday 6:00-7:30pm,
Tuesday, Wednesday, and Thursday 7:00-8:30pm
Cost \$175.00

2009 Swim Team Registration Form

Please Return to the Pool Director: Lakeshore Y&CC, 6777 Lakeshore Rd, Cicero 13039
699-2797 x213 699-1623 (fax)

Child's Name: _____ Age: _____
Parent's Name: _____ E-mail address: _____
Phone #: _____ Best time to call: _____ am/pm Membership # _____ (If applicable)
Has your child been on a Swim Team before? _____
If so, what team? _____
What strokes have been learned? _____
What would you or your child like to accomplish by joining the Lake Shore Y&CC Swim Team?

****Make Checks payable to Lakeshore Yacht & Country Club**